


Opening times: MTW 07:30 - 17:00 | Thur 07:30 - 19:00 | FS 07:30 - 22:00 | Sun 09:00 - 16:00
Kitchen opening times: MTWT 08:00 - 16:00 | FS 08:00 - 21:00 | Sun 09:00 - 15:30


BRUNCH

Sweet Potato Kale Cake, poached free range egg, house tomato salsa, avocado, sour cream, chilli, siracha and dukkah. 7.2  N
Complete the dish by adding **Halloumi** 2.5 or **Feta** 1.9



Rustic's Plant Breakfast, Rustic's plant sausages, mushrooms, chilli beetroot, cherry tomatoes, house hummus, house beans and toast. 9.1  


The Meat Breakfast, Nicholson's Cumberland sausage and back bacon, two poached eggs, cherry tomatoes, hash brown, house beans and toast. 9.5

Tostada, cauliflower, house slaw, avocado, refried beans, lime and coriander dressing. 7.1

Avocado on sourdough, chimichurri, rocket, dukkah, lime and coriander. 7  N
ADD *Halloumi* 2.5, *Feta* 1.9, *Poached eggs* 1.5


Breakfast buns, tomato, salad and Rustic's burger sauce;

- **Sausages**, pork and leek. 5.1
- **Bacon**, Nicholson's dry cured. 5.1
- **Plant Sausage**, Rustic's homemade recipe. 5  
Swap bun for Brioche for .30p


Banana Bread, with Rustic's organic espresso butter. 3.5 

Eggs on Toast, two poached eggs on toast. 4.6

Waffles Please allow additional time for waffles.



- Slow cooked apple and blueberry, vanilla ice cream, Rustic's chai syrup. 7.2
- Vanilla ice cream, Nutella and seasonal fruit. 8 N
Vegan option available 
- Halloumi and Rustic's caramel toffee syrup. 7.8

Banana Coconut Porridge, GF oats, banana and coconut mylk. 5

Nutritional Breakfast Smoothie Bowl, GF oats, banana, mixed berries, flax seeds, coconut mylk and chia seeds. 338kcal 5.7 
ADD a shot of *vegan protein* .40

Cauliflower Wings, oven roasted with spice, served with garlic and lime sour cream dip.


- 4 wings. 3.8
- 8 wings. 7.1
- 12 wings. 10

Vegan Burger, house vegan patty, tomato, onion and Rustic's burger sauce. With house slaw. 7.9  
ADD a side of *naked sweet potato wedges* 4

Curried Chicken Burger, tomato, onion and curried mayo. With house slaw. 9.25

Soup of the day and **Salad** of the day.
See our specials board or ask a member of staff.

WRAPS AND SANDWICHES

Greek Salad wrap, cucumber, olives, red onion, tomato, salad and feta. 6
ADD **chicken** 2.5
Vegan option available .20 

Chicken and Egg wrap, lettuce, tomato and Rustic Cup's burger sauce. 7
ADD **bacon** 1.5

Pesto Chicken sandwich, tomato and salad garnish 6.4

Cream Cheese and Sweet Potato sandwich, red onion, tomato, mint and salad. 5.4 

See our server for today's offering of daily fresh Rustic Cup bakery items. Please pay at the till when ready.
Kid's menu available on request (12yr & under). Unsupervised kids are given espresso.

Extras

2 poached eggs 1.5
Feta 1.9
Plant sausage, vegan cake, mushrooms 2
Sausage, bacon, halloumi, avocado 2.5



Sides

Firecracker broccoli 3.5
Chilli beets 2.5
Seasonal salad 2.4
Sweet potato wedges, with a lime, mint and chilli rub 4
Comes with dip.

We are not a nut or gluten free kitchen and therefore cannot guaranty possible traces of these.
We do, however take allergies very seriously and try our best to suit all dietary requirements.
Please make us aware of any allergies as not everything is listed on the menu.

Our products are prepared fresh daily from local produce.

With pride and love Veronika, Liliana and Lee

 -Vegetarian  -Vegan N-Contain Nuts

 Visit Rusticcup.co.uk

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