

RUSTIC CUP

Rustic Favourites

Minute Steak Ciabatta 12.7

Roast red peppers, chimichurri, rocket & mayo. Served with oven baked wedges and house slaw.
Choose a sauce for your wedges, tomato, bbq, mayo, sweet chilli

Shakshuka | V 12.2

House made tomato & bell pepper sauce, chunks of feta, 2 baked eggs & fresh chilli. Served with sourdough
Add black pudding, 2.3 chopped bacon, avocado or halloumi 2.8

Banana Bread | V 5.4

Our famous secret recipe banana bread, served with organic espresso butter
Add bacon 2.8 or peanut butter 1

Healthy Banana Split | GF | N 8.1

Home made granola, Greek yogurt, banana, chia seeds, berry compote, toasted mixed **nuts** & seeds, fresh fruit and a pot of honey.
Add pot of house made granola 1

Add-ons

Add these to any dish

Smoked Salmon	3.7
Two free range poached eggs	1.8
Two hash browns	2.0
Feta Black Pudding	2.3
Home made plant sausages Sweet Potato Kale Cake Mushrooms	2.5
Avocado Nicholson's sausage Halloumi Bacon	2.8
Hand-cut, oven baked potato wedges	3.5
GF bread substitute	0.4

DAILY SOUP

Ask a member of staff what soup have available today

Freshly made with seasonal ingredients 7

Served with white bread
Swap for sourdough 0.75

Daily selection of homemade cakes also available

Ask a member of staff about our seasonal cake selection

Unsupervised kids will be given espresso

V- Vegetarian VE- Vegan GF- Gluten Free GFO- GF option available

@rusticcup.uk rusticcup.co.uk wifi: 2flatwhitesplease

All day Brunch

Weekdays + Sat til 16:00, Sundays til 15:30

Sweet Potato Kale Cake | V | GF | N 9.3

Poached free range egg, house tomato salsa, avocado, sour cream, chilli, sriracha and dukkah **nuts**
Add black pudding, Feta 2.3 or halloumi 2.8

Avocado Sourdough | VE | GFO | N 8.3

Pure Knead sourdough with avocado, chimichurri, rocket, coriander, lime and dukkah **nuts**

Root Veg Wrap | V 8.5

Sweet potato, carrot, kale, beetroot, feta, red onion & our home-made chimichurri hummus
Add bacon or Halloumi 2.8

Black Bean Sweet Potato Vegan Burger | VE 11.6

Oven roasted sweet potato patty, smoky Rustic sauce, house slaw, smoked sweetcorn salsa, hand cut wedges

Poached Eggs on Sourdough | V | GFO 7.1

Pure Knead sourdough with two poached eggs, garnished with coriander oil, red pepper sauce and **chives**

Breakfast Ciabatta | GFO 6.3

Choose from: Nicholson's pork & leek sausage | Nicholson's dry cured back bacon | Home-made plant sausage
Served in a ciabatta with salad and our smoky Rustic sauce
Make it bacon AND sausage for an extra 1.7

Rustic Full House 14.7

Nicholson's Lincolnshire sausage, two poached eggs, back bacon, black pudding, mushrooms, tomato, hash browns, avocado, house made beans and white toast

Meat Breakfast 12

Nicholson's Lincolnshire sausage, two poached eggs, back bacon tomato, hash brown, home-made beans and white toast

Plant Breakfast | VE | GFO 10.9

Home made plant sausages, mushrooms, chilli beetroot, tomato, house made hummus & beans and white toast

Please note that although we take every precaution, we are not a nut or gluten free kitchen.

Please make us aware of any allergies as not all allergens are identified on the menu.

With love and pride, Veronika, Lee, Lillian and Lucas